



SUPPORT LOCAL AND EAT HEALTHIER BY BUYING FROM METRO DETROIT MARKETS

As the weather warms and the last evidence of a harsh winter melts away, it's not uncommon to find your neighbors gathered in a place where folding tables hold a wide array of colorful produce, local products and delicious, wholesome treats.

Farmers markets, which allow the consumer to meet the producer, provide a friendly atmosphere to mingle with the community and also help boost the local economy. In 2012, there were almost 8,000 registered farmers markets nationwide, according to the U.S. Department of Agriculture (USDA). With seasonal, nutrient-rich produce available at the peak of the growing season, fruits and vegetables are fresh and full of flavor.

In preparation for the summer and healthier lifestyle choices, Ambassador Magazine compiled a list of our favorite local farmers markets in metro Detroit.

EASTERN MARKET

If you're from Michigan, you can't think of a farmers market without picturing Detroit's most popular one. What began in 1841 at Cadillac Square has grown into a significant meeting place for Detroiters, suburbanites and travelers around the world. Eastern Market is open six days a week and provides the community with fresh farm, meat and retail products from areas in Michigan, Ohio, Canada, Europe, the Middle East, Asia and various other farms in America. With other businesses such as Supino Pizzeria, the

Detroit Mercantile Co. and Division Street Boutique nearby, who wouldn't want to enjoy a warm Saturday afternoon in the city? And don't forget the 47th Annual Flower Day on Sun., May 19 from 7 a.m. to 5 p.m., where nearly 200,000 people will be surrounded by a vibrant selection of high-quality annuals, perennials, exotics and more.

2934 Russell St., Detroit, MI 48207, 313.833.9300

Saturday Market Hours: 6 a.m. – 4 p.m.

Specific business hours vary, available online at detroiteasternmarket.com

ROYAL OAK FARMERS MARKET

With over 30 vendors and within walking distance to local boutiques and restaurants in the downtown area, the Royal Oak Farmers Market is the perfect place to start your weekend shopping. Open all year, this market offers certified-organic produce and farm-fresh seasonal produce including free-range eggs, hormone and antibiotic-free meats, plants and flowers, and also a gourmet coffee stand to get your daily dose of caffeine while you shop.

316 E. 11 Mile Rd., Royal Oak, MI 48067, 248.246.3276

ci.royal-oak.mi.us

Hours: Friday & Saturday: 7 a.m. – 1 p.m. (Summer)

Sunday: 8 a.m. – 3 p.m. (Antiques and Collectibles)

BOYKAS FARM MARKET

A true, family-owned farmers market, Boykas Farm Market began in 1981 when Sylvester and Virginia DeCock started selling fruits and vegetables out of wagons on 23 Mile Road. Years after the passing of Sylvester, two of



MARKET MEETING

dearbornfarmersartisansmarket.com

Hours: Friday: 9 a.m. – 3 p.m.,

Tuesday evenings on June 18, July 16 and Aug. 20: 4 p.m. – 7 p.m.

WAYNE STATE UNIVERSITY WEDNESDAY FARMERS MARKET

You don't have to be a college student to know that this farmers market is the perfect place to be between classes or on a lunch break from the office to grab regionally sourced produce, flowers and more. Anyone who walks along Cass Avenue on a Wednesday and catches the green tents popping up knows they're in for a special, local treat. Run in part by SEED Wayne, a project dedicated to improving sustainable food systems at WSU and within the Detroit community, this market also offers food demonstrations such as a collard and kale salad, brown rice with black beans and a banana smoothie.

5201 Cass Ave., Detroit, MI 48202

clas.wayne.edu/seedwayne

Hours: Wednesday: 11 a.m. – 4 p.m. (Starts June 5)

NORTHVILLE FARMERS MARKET

This market features over 125 Michigan-grown and Michigan-made products. Hosted by the Northville Chamber of Commerce, the products available include native Michigan plants, heirloom vegetables, honey, maple syrup and bakery goods. Selections of gluten-free and organic products are also available. For those looking for entertainment, there are various events held including a Chefs at the Market Series where different chefs perform cooking demonstrations, and hand out recipes and samples.

Sheldon Rd. at W. 7 Mile Rd., Northville, MI 48167, 248-349-7640

northville.org

Hours: Thursday: 8 a.m. to 3 p.m. 👑 — Audrey LaForest

his sons took over the business. With seasonal produce and plant varieties available (many of which are grown in a seasonal greenhouse), shoppers can choose from Michigan blueberries, red potatoes, apples and more.

20555 23 Mile Rd., Macomb Twp., MI 48042, 586.286.1886

boykasfarmmarket.com

Hours: Mon – Fri: 9 a.m. – 7 p.m., Sat – Sun: 9 a.m. – 6 p.m.

DEARBORN FARMERS AND ARTISANS MARKET

Nothing brings a community together like quality, nutrient-rich food and local art, which is the mission behind this Dearborn Chamber of Commerce market. The Dearborn Farmers and Artisans Market not only supports local farmers but also local entrepreneurs and small businesses by providing only Michigan-made products and goods. Afternoon wanderers and serious shoppers can find fresh flowers, produce, baked goods, cheeses, meats, and other wonderful finds such as garden art, soaps and woodworking.

22100 Michigan Ave., Dearborn, MI 48124, 313.584.6100

