

# Escape from New York

Because even the most loyal New Yorker needs to flee the greatest city on earth sometimes.

## Vancouver, B.C.

### Get fresh

**Granville Island Public Market** is a year-round local favorite thanks to a dynamic selection of farm stands, grab-and-go eateries, pubs, and artisan shops and boutiques. Catch live music on the waterfront at Granville Island Brewing, Canada's first microbrewery, or treat yourself to a healthy lunch at Fraser Valley Juice and Salad.

→ 1669 Johnston St (604-666-6655, granvilleisland.com)

### Feed your hangover

**Hamburger Mary's Diner** is a go-to greasy spoon for the Davie Village community, and it's close to English Bay Beach—a hot spot for sunset smooching. Slide into a booth and order a seven-ounce char-grilled Classic, plus a side of gravy for your fries. Or try a pound of Winnipeg pierogi smothered with chili and extra cheese.

→ 1202 Davie St (604-687-1293, hamburgermarysdiner.com)

### Breathe easy

Rent a bike or stroll along the seawall at **Coal Harbour Park** for amazing views of the water and mountains. Along the way, admire a selection of public art such as Douglas Coupland's sculpture of a giant, digitized orca, or peruse independent boutiques and eateries sprinkling the waterfront, like Cafe Villaggio; order a flaky croissant and oversize latte.

→ Burrard St to Denman St between W Georgia St and the water (tourismvancouver.com)

### Say, "Excuse me, we're VIP"

Yaletown, a former warehouse district known for celebrity sightings (like Canucks players or Hollywood stars in

## INSIDER SECRETS

Locals give it to you straight.



"Lee's Donuts in Granville Market is amazing. The honey glaze is my favorite."

—Lucy

"Go to Harvest Community Foods on Union Street for vegan ramen."

—Branden

"Community Thrift & Vintage is a great shop, and it has homemade peanut butter cups."

—Leslie

"Storm Crow Tavern has a fun atmosphere with board games and wild decor."

—Ken



Coal Harbour

town for filming) is the It neighborhood for nightlife. Try the intimate atmosphere at **Opus Bar**, where you'll find an unbeatable happy hour (order the grilled-prawn skewers with a whiskey sour). Bundle up in that new velvet dress or sleek bomber jacket, and fight for a seat at the marble bar.

→ 350 Davie St (604-694-2107, opushotel.com)

### Take it to the top

Hike the **Grouse Grind**, a nearly two-mile trail that takes you to Grouse Mountain's 3,700-foot summit above the city skyline. Plan for a two-hour trek, and capture your triumphant finish with the self-serve selfie kiosk (you can purchase the photos at the chalet). Try the Twilight zip line for a heart-pounding sunset adventure, or, for a more leisurely experience, hop on Skyride, a mile-long gondola track.

→ 6400 Nancy Greene Way (604-980-9311, grousemountain.com) ■ Lori A. May

## FUN FACT

Stanley Park, a 1,000-acre space in the heart of downtown, is even bigger (by a whole 10 percent!) than New York's Central Park.