

beauty news

Screen Seekers

Protect your beautiful brown skin from harmful rays with the best new products

BY ANDREA ARTERBERY



Sun protection isn't just for the beach. It's important to protect your skin from the sun's damaging rays every day. "Because most women value an even complexion, protecting the skin from chronic sun exposure is beneficial," says Cheryl M. Burgess, M.D., medical director for the Center for Dermatology and Dermatologic Surgery in Washington, D.C. If you're looking to keep your skin even, smooth and ageless, read on.

BODY Start with an all-over body lotion like **Lubriderm** Daily Moisture Lotion with SPF 15 (\$7, drugstores nationwide) to combat incidental sun exposure. To amp up your daily sunscreen protection a notch and combat wrinkles and fine lines, try **Murad** Waterproof Sunblock SPF 30 (\$30, murad.com). Another great summer staple to keep on hand is **Neutrogena** Ultra Sheer Dry-Touch Sunblock SPF 70 (\$10, drugstores nationwide). Its Helioplex technology withstands both UVA (aging rays) and UVB (burning rays) and is waterproof and sweatproof. For on-the-go application, toss a couple of the **Estée Lauder** Multi-Protection Sun Towelettes for Body SPF 15 (\$25, esteelauder.com) in your bag.

FACE Steer clear of products that leave an oily residue, which can lead to breakouts. **Clarins** UV Plus Protective Day Screen SPF 40 (\$40, department stores nationwide) not only helps guard against pollution and other free radicals, but it also works to diminish skin discoloration and spotting. Lips are often forgotten when it comes to this area of concern, yet they need consistent coverage. Try **mdskincare** Powerful Sun Protection SPF 25 Lip Balm (\$18, mdskinicare.com) to protect against UVA/UVB rays.

HAIR Strands can also suffer from the sun's harmful rays—especially if the hair has been chemically treated. Adrian Wallace, a colorist at the Rita Hazan Salon in New York City, suggests using a moisturizing conditioner that contains SPF, such as **Kérastase** Masque UV Défense Active Repair Index 3 (\$58, kerastase.com). It's chock-full of silicone, ceramide and a vitamin E derivative to shield hair from the damaging effects of sun, wind, chlorine and salt water.

SUNBURN Oops! Missed a spot? Get instant relief with **Kiss My Face** After Sun Aloe Soother (\$6, drugstore.com).

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